



## **Kaitlyn Hammerschmidt**

**Kaitlyn** is currently a junior at the Pennsylvania State University where she is majoring in Economics with a minor in Digital Media Trends and Analytics. She has been studying dance since the age of 3.

Kaitlyn grew up in Cranberry Township, PA where she studied at Star Styled Dance Center on their competition team and was also a member of the Seneca Valley Pom Pons. She has trained in tap, ballet, jazz, hip hop, contemporary, tumbling and pom, and served as a teacher at her home studio.

At Penn State, Kaitlyn is a member of Orchesis Dance Company that focuses on jazz and contemporary. She has done several pieces of choreography for the company and believes it has given her endless opportunities to keep dancing and serve as a leader.

Kaitlyn is also a certified group fitness instructor where she works at 3 Minute Fitness in Cranberry Township. She believes conditioning is an important part of dance training and loves to incorporate it into her teachings.

She is so excited to work with the MindBodyArt faculty and students and hopes to share her love of dance with all to help encourage her students to be strong and dedicated both in and out of the studio.